

Geopathic Stress Questionnaire and Checklist

How to find out if one lives over geopathic stress?

There are many ways to tell whether you are affected by geopathic stress.

Answer all the questions below:

Checkmark the ones that apply.

- Do you wake up in the morning feeling tired? _____
- Do you feel / sleep much better at other places? _____
- Do you suffer from disturbed sleep? _____
- Is it difficult for you to fall asleep? _____
- Do you have frequent nightmares? _____
- Do you feel tired and exhausted during daytime? _____

You might be sitting on geopathic stress in your office.

- Do you suffer from chronic fatigue? _____
- Do you have difficulties to concentrate? _____
- Do you suffer from headaches in the morning? _____
- Do you have symptoms without a cause? _____
- Do you have symptoms that do not respond to therapy? _____
- Do you suffer from autonomic disturbances? _____
- Do you have mould in your home? _____
- Do you have lichen or moss growing on the roof, walls or lawn as these like geopathic stress? _____
- Do you have problems with ants, wasps or bees? _____

Most animals (dogs, cows, horses, etc) avoid geopathic stress.

Some animals (ants, wasps, bees and, cats) are attracted to geopathic zones.

- Are there any cracks in walls, driveways, paving stones, curbs and roads? _____

These may be caused by geological fault lines.

- Are there trees with cancerous knobby growths on them nearby or trees whose trunks have split into two or twisted or trees that lean or bend to one side? _____
- Are there any unusual gaps in hedges? _____

These may indicate a line of geopathic stress crossing the hedge.

- Do you have neighbours in ill health? _____
- Are there underground springs or wells or sewage system? _____
- Have previous occupants of the house also been ill? _____